



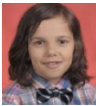
Beaver News

EXCLUSIVE MONTHLY NEWS

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TOO GOOD TO WASTE

Gobble Gobble



BY CHARLIE BERRY



I am grateful that I got to spend Thanksgiving with my family. My favorite part was feasting on a deliciously cooked turkey. I am not the only one who loves turkey because Americans eat around 240 million turkeys every year, and that number keeps going up.

I was curious why we ended up with the tradition of eating turkey during Thanksgiving. While researching I learned that Americans preferred eating Turkey because they were fresh, affordable, and big enough to feed a big family. Beef was not eaten because cows were more useful alive than dead and commercial beef was not available until the late 19th century. Chicken was also valuable specially hens because they laid eggs.

Another interesting reason why turkey was the best option was because they hatched in the spring so by November they would have fattened up. Some turkeys grow as big as 10 pounds.

Although the turkey is the star at the dinner table there are also other delicious side dishes such as mashed potatoes, stuffing, and pies that are served at Thanksgiving. All this food talk is making me hungry. I hope you had a Happy Thanksgiving friends.



BY OLIVER KERR



Have you noticed the big sign that says "For Composting" and a white bucket in the cafeteria during lunch on Tuesdays and Thursdays? You may have also noticed a big black bin near the flower beds when you are at recess. This is all part of the second graders STEAM compost program. Composting, boys and girls, is the oldest way of recycling. Our second grade friends are collecting all the fruit and veggie scraps from our cafeteria so that they can compost it to create nutrient rich soil for our school garden.

How does composting work? Food scraps and leaves are organic matter which means it decomposes or rots and return to the soil. Organisms that live in the soil such as mites, slugs, beetles, molds, mites and earthworms help break down the decomposing scraps and turn it into humus. The humus will help the vegetables and the tulip that the 3rd graders are growing. Please remember not to add meat or any dairy like cheese or milk into the composting bin. Also be respectful of the flower beds and vegetable garden when you are outside. The second and third grade students worked really hard on them.

So, don't forget to put any of your fruit or veggie scraps in the white bucket for composting. It is too good too waste! If you would like to learn more about composting come see me. I have a cool slide show that I can share with you or stop by the science room and ask Ms. Nikki.

MY INTERVIEW WITH AT-LARGE CITY COUNCIL MEMBER JULIE FLOWERS

by Elizabeth Jade



On Tuesday November 7th was Election day. There was no school because Centerville school is used as a polling station. Voters came to our school to cast their votes for Mayor, City Council and School Committee. Mayor Cahill, John Frates and Lorinda Visnick ran unopposed. As for councilor the choices were Esther Ngotho, Paul Guanci, Julie Flowers, Matthew St.Hilaire, Brian D'Apice and Timothy Flaherty.

My siblings and I went with our parents to vote. When we got to the station my parents had to check in by giving our address, then they were told where to go. We picked a private spot. There were boards in between for privacy so you could fill out your votes. Police officers handed out stickers to my siblings and I when we were done.

While I was there the 5th grade bake sale was going on. I sampled an amazing chocolate chip brownie. Their treats were delicious! Shortly after we left, the Governor Charlie Baker stopped by and rumor has it that he bought everyone coffee.

The results of the vote came out at night and Julie Flowers was one of the winners. I was lucky enough to interview her. I asked her these 3 questions.



1. Why did you want to get involved in politics?

When I was younger, and getting ready to go to college, I thought that the job I would grow up to have would be in politics. I

was very interested in running for office one day and offering myself for that type of public service - I even wrote one of my essays for my college application to Wellesley College, where I ended up going to school - about wanting to run for office.

More recently, I started to realize that my old dream of running for office wasn't gone.

I realized that I felt like it was time for me to stand up and offer to serve in a different way, by running for office - which, if elected, would give an opportunity to elevate the voices of people in our community to the city level, to help be a part of creating policies and offering leadership that could help meet the needs about which I heard them talk.

I also believe that we need more women to run for office, to offer their voices and their experiences and their unique leadership style, and to ensure that we have more balanced representation in our government - so I realized that if I felt more women should run, maybe I should be brave enough to take that step myself. So after I thought about it for a long time, I decided to run for the At-Large City Council position that was opening up on our City Council this year, and I am so glad I did. It has been one of the most incredible experiences of my life - I met so many people I would not otherwise have met; I learned a great deal; and I had a lot of fun in the process!

2. What would you like to accomplish in your new position?

Well, first, I expect to do a lot of learning in my new position - I will be learning even more about the City Council works, and I will be learning about being a part of that team with the other 8 Councilors. I learn a lot by talking with people, and I want to continue to listen hard to folks. I also intend to work hard to communication OUT to people fully and well.

I would love to accomplish some of the things I talked with people about during the campaign season:

I would like to be a part of moving the City forward on getting rid of the \$4000 fee for full-day kindergarten, so that we can ensure that all of our students are offered the same experience from their very first days in the District onward and so that we are reflecting a vision of equity and access in and to education that accurately reflects who we are as a community.

I would like to help move forward on modernizing how we handle our waste stream - that is, how we take care of our trash as a city. I think we could be allowing residents to recycle more items than we do (for example, there are types of items that are able to be recycled, but we do not allow people to recycle them here in our city), and I think we could shift over to a more modern system for collecting trash. I also think we need public recycling containers on all our major city streets - currently our city streets have trash containers but NO recycling containers.

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3. What do you like most about Beverly?

There are SO many things that I love about Beverly - it's hard to pick just one! I love our beautiful beaches and the ocean, and I feel so lucky that we live right next to it. I love our downtown that is truly beginning to thrive. I love our Farmers Market. I love our historic buildings and sites and our history, in general (ask me sometime about the original musical about Beverly's history that my 5th grade class put on - I had a solo about Fishflakes and Beanpots!). Most of all, though, I love Beverly's people. I love that we all have our own unique stories and yet are drawn together by our shared love for our community and by a desire to do what is best and right for it and for one another. I am looking forward, very much, to continuing to meet even more people and to listen and to connect and to work hard for everyone.

I was very glad that Julie Flowers was willing to do the interview and answer all my questions even though she is very busy with her new position. I wish her well with her new job it sounds like she has good ideas.

LOST & FOUND

BY: OLIVIA MELEI



& JOSH TAYLOR



Have you noticed that the lost and found pile keeps growing each week? We noticed that there are incredibly nice and expensive clothing hanging on the rack. Your mother would not like you to come home with only half of what you she sent you to school with. I know our moms would not be happy.

Follow these helpful tips so that your clothes does not end up in the lost and found pile.

1. If you get hot when playing outside tie your sweater around your waist. If you are wearing a coat and cannot tie it around your waist leave your coat next to your backpack by the door. That way you can grab both on your way inside the building.
2. For smaller clothes like hats and gloves which is easy to lose, put it inside your coat pocket.
3. Leave your coat next to a friend's coat, so that if you forget your friend will grab it for you. Always check to see if you have all your belongings before leaving the playground or classroom.
4. Lastly, tell your parent to LABEL EVERYTHING. So in case if your clothes does end up in the lost and found pile you will be able to find it easily.

We hope that these tips will help you. If you do not claim your clothes, they will be donated to Beverly Boot Straps.

WORLD DIABETES DAY

BY: VERONICA LANE



On Tuesday November 14th was World Diabetes Day. Many of our Centerville students wore blue to bring awareness and to support people who suffer from diabetes.

I have a member in my family who has diabetes and you may know someone who has it to. Do you know what Diabetes is? Diabetes is a disease that affects how the body uses glucose, a sugar that is the main source of fuel.

Just as your phone needs battery, your body needs glucose to keep it running. The pancreas is a long, flat gland in your belly that helps your body digest food. It also makes insulin. Insulin is kind of like a key that opens the doors to the cells of the body. It lets the glucose in.

Then the glucose can move in the blood and into the cells. But if someone has diabetes, the body either can't make insulin or the insulin doesn't work in the body like it should. The glucose can't get into the cells normally, so the blood sugar level gets to high. Lots of sugar in the blood makes people sick if they don't get treatment.



COMICS BY NICKOLAS JACOBSEN



Identity Theft



NEW TEACHER INTERVIEW MRS MOURIKAS

BY REESE BERMAN

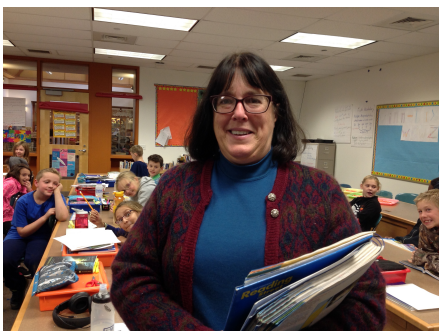


This year Centerville school welcomed four new teachers. My fourth grade teacher Mrs Mourikas is one of the new teachers so I decided to interview so we can all get to know my awesome teacher better.

How long have you been teaching? 12 years

Have you always taught 4th grade? No this is my first year in 4th grade.

What makes a 'good day' at school? I love to see the light bulbs go off when my students understand a concept. Another thing that makes a good day at school is when students work collaboratively on a project or assignment. I always love to see students' faces when they look at a good score on a test. Celebrating victories, both large and small, are always a high point of my day.



What would the students be surprised to find out about you? I was lead singer in a band.

What was your favorite subject when you were in elementary school? Reading

Who is your favorite superhero? Spider man

Do you have any pets? Yes 1 cat. His name is Starlight. I adopted him from the Northeast Animal Shelter.

How do you spend your Summer break? Reading at the beach, gardening, traveling, doing work on my house.

In which other teacher's class would you like to enroll, even for a day? Why? I would like to enroll in Mrs. Nelson's class for a day. As a new teacher of 4th graders, I want to learn more about 4th grade curriculum and how to make the day flow smoothly. I also need to continue to learn Centerville routines and I think Mrs. Nelson could help me with that.

What song do you know all the lyrics to? That's a hard one to answer. I know the lyrics to lots of songs so I will pick one. One of my favorite pick me up songs is Eye of the Tiger so I know all of the lyrics to that one.

Do you have any children? No but I have 2 nephews that I am very proud of - Adam is a senior in high school and Matthew is a sophomore. They live in Long Beach CA.

GETTING TO KNOW 3RD GRADE TEACHER - MRS ROZMARICK

BY CALLIE REED



Most of us at Centerville have either seen or met Mrs. Rozmarick. Mrs Rozmarick was my awesome EEC teacher last year, so many of the EEC students know her. However, this year she is teaching third grade. I want everyone at Centerville to get to know her better so I sat down with Mrs Rozmarick and had a good interview.

I learned that Mrs. Rozmarick's full name is Michele Rozmarick. When she is not teaching she loves to play the piano, read at the beach, write poetry, and she enjoys traveling very much! She has one teenage daughter named Cordelia. The Rozmarick family has two pets, a cat named Nikki and a sweet little bunny named Lily. Her favorite color is green. Mrs. Rozmarick's favorite subject to teach is social studies. Before teaching she worked for Simmons College in Boston and after teaching lessons during the day, Mrs. Rozmarick was allowed to take her own free classes at night. If she had three wishes, Mrs. Rozmarick would wish that everyone in the world had enough to eat and a place to live. Second she would wish for everyone in the world to be kind to each other. And third Mrs. Rozmarick wishes to have a house by the ocean. I had a very good time interviewing her. The next time you pass Mrs Rozmarick in the hall you can ask her about her pets.

Thanksgiving Lunch

by Eve Sexton



On November 16th, you may have noticed a lunch that wasn't very ordinary. What was different? Turkey dinner, and Mr. Melanson styled music of course. We always look forward to a Thanksgiving community lunch where we get to eat a yummy meal with our teachers. Thank you cafeteria staff for preparing this delicious meal for us.





